

Power Volleyball Rules

1. The following rules and regulations are set by the Parks & Recreation Department so that each individual will have a good time.
2. The program supervisor is a member of the Parks & Recreation Department staff and should be shown the same respect as you expect to be shown in your job. He or she is the representative of the department and his or her word is final.
3. This league is officiated by the players on the floor. It is up to each team to call violations on their side of the net. Please be fair. The supervisor will keep a score summary sheet but will not make calls. If in doubt on a call, play the point over. Winning team must report the score to the supervisor.
4. Poor conduct will not be tolerated. If an individual cannot maintain good sportsmanship the Parks & Recreation Department has the right to bar them from further participation in the program.
5. Cancellation of games will be announced on our Facebook page and on KFJB, KIX and KDAO radio stations. Team managers will be emailed with makeup dates.
6. Additional players may be added to the roster at any time. Players 18 years old and out of high school are eligible to play.
7. U.S.V.B.A. rules will be used for all league games.
8. All games will start at the scheduled time.
9. A team may start with three players but not less than three. Less than three will constitute a forfeit. If more arrive during the game they may enter on the next serve.
10. Three games will constitute a match. The winner of two games will win the match. Rally point scoring will be used in all matches. Games one and two will be played to 25 points (win by 2 points) and game three, if necessary, will be played to 15 points (win by 2 points).
11. Each team is allowed one 1-minute time out each game. An injury to a player will not count as a time out but shall not exceed three minutes. If more time is needed a time out must be taken or the player replaced. There will be a 1-minute interval between games.
12. Substitution must be done according to USVBA rules except if a rotation is used. If rotation is used the 3 substitution rule will be waived.
13. The server must call the score clearly so both teams can hear. Failure to do so will be called a no-serve and the ball will be re-served. A legal serve shall be underhand, sidearm or overhand.
14. A player may not reach over the net to hit the approaching ball. They may follow through over the net but first contact must be made on their own side of the net. A player may not come into contact with the net at any time. If a player touches the net it is a violation.
15. A ball hitting the ceiling and/or rafters on your side of the net is considered in play provided it falls on your side of play. If the ball hits the ceiling and or rafters and goes to the opponent's side, the ball is out. Any ball hitting the basketball hoop, net, backboard, or support is out. Any ball hitting the wall, stage net, divider curtain or scoreboards is out.
16. Spectator Rules: Due to limited seating available for spectators, Parks & Recreation encourages limited spectators. Those spectators in attendance are asked to follow the following rules:
 - All spectators will find a seat and keep it.
 - Officials will make all line calls and rules interpretations. Spectators must not make any calls. Spectators must not hassle players or officials in any way or they will be asked to leave the facility.
 - Due to no child care facilities, children not yet in middle school need to be accompanied by an adult not participating in the league. If children remain unsupervised at the facility a forfeit may be called against the offending team.
17. Clean dry shoes are required for all participants. No exceptions. Any participant who does not provide a clean dry pair of shoes will be asked to play in their stocking feet. Those who do not comply will forfeit their teams' games for that evening.
18. Smoking is not permitted in the facilities or within 10 feet of any door. Alcohol is not to be consumed within the buildings or on the properties. Intoxicated players will be asked to leave.
19. Only roster protests are allowed. The protest must be made before you leave the court. The protest must be made in writing and turned in with a \$15.00 protest fee to the program supervisor. If won, the \$15.00 will be refunded, if lost, the \$15.00 will go into the volleyball account.
20. ANY team or player owing the Parks and Recreation Department money will not be allowed to play in any Parks & Recreation programs until the debt and all related charges is paid in full. Each player on the roster will be suspended if a team debt is owed.
21. The Parks & Recreation department and its employees are not responsible for lost or stolen items. Secure your own clothing and valuables.